Date last modification of documentation sheet: 22-06-2012

Compared to previous version documentation sheet (07-01-2012) the following issues were adapted: - New section on relevant policy areas added to the documentation sheet

ECHIM Indicator	E) Health interventions: health promotion
name	86. Policies on healthy nutrition
Relevant policy areas	<ul> <li>Health inequalities (including accessibility of care)</li> <li>(Preventable) Burden of Disease (BoD)</li> <li>Preventable health risks</li> <li>Child health (including young adults)</li> <li>Health in All Policies (HiAP)</li> </ul>
Definition	A composite index of laws, regulations and good practices on promoting healthier nutrition.
Key issues and problems	<ul><li>Topic needs much further development. The keys issues are:</li><li>1) At the moment there is no satisfactory proposal for indicator definition, calculation and data sources.</li><li>2) This indicator should expand beyond "campaigns on healthy lifestyles" to include all aspects of health promotion policy at national, regional and local level, including indicators on policy formulation, implementation, infrastructure development, campaigns and programme sand their evaluation, and funding and workforce development .</li></ul>
Preferred data type and data source	Preferred data type: Policy documents and comparable. Possibly some information can be obtained by interviews. Preferred data source: Not decided yet.
Data availability	Eurostat, WHO-HfA and OECD: No data available.
Rationale	Such policies contribute to healthier nutrition and thus lowering of health risks. An important area of activities in health promotion, thus indicators for monitoring these activities should be developed.
Remarks	- Could an indicator/index be constructed from WHO-Europe publications and/or data? WHO-Europe has a programme/project "Nutrition and food security" (http://www.euro.who.int/Nutrition) which has a section "Nutrition policy". They have many publications on nutrition policies, for example: "Comparative analysis of nutrition policies in the WHO European Region" (from may 2006), evaluating food and nutrition policies in Europe, available at http://www.euro.who.int/document/Nutrition Policy 2007-2012" http://www.euro.who.int/en/what-we-do/health-topics/disease- prevention/nutrition/publications/pre-2009/who-european-action-plan-for-food-and-nutrition- policy-2007-2012.
References	<ul> <li>WHO-Europe, Nutrition policy database: <u>http://data.euro.who.int/nutrition/</u></li> <li>The European Health Promotion Indicators Development, EUHPID (2002-2004): Davies, J.K., Bauer, G. and Pelikan, J. (2006) The EUPHID Health Development Model for the classification of public health indicators. Health Promotion International, 21 (2). pp. 153-159. <a href="http://heapro.oxfordjournals.org/content/21/2/153.full">http://heapro.oxfordjournals.org/content/21/2/153.full</a></li> <li>The Comprehensive Database of Health Promotion Policies, Infrastructures and Practices, HP-Source: <a href="http://www.hp-source.net/">http://www.hp-source.net/</a></li> <li>Working Party on Information on Lifestyle and Specific Subpopulations: <a href="http://www.public-health.tu-dresden.de/dotnetnuke3/eu">www.public-health.tu-dresden.de/dotnetnuke3/eu</a></li> <li>Making way for a healthier lifestyle in Europe - Monitoring Public Health Nutrition in Europe - List of Indicators –summary report (October 2003): <a href="http://www.iuhpe.org">http://www.iuhpe.org</a></li> <li>International Union for Health Promotion and Education, IUPHE: <a href="http://www.iuhpe.org">http://www.iuhpe.org</a></li> </ul>
Work to do	- Needs much further development. First consult WHO-nutrition for regular data on food policy items which allow the building of a composite index like it was done for indicator 85 on ETS exposure regulations.